

A GUIDE TO REMEMBERING THE PUMPING MARVELLOUS FOUNDATION IN YOUR WILL

A stylized line drawing of two hands, palms up, holding a large heart. The heart is dark blue and contains white text. The hands are outlined in a lighter blue color.

**TOGETHER, WE
CAN CHANGE
WHAT HAPPENS
NEXT.**

HELPING...

PEOPLE RECOGNISE
HEART FAILURE **SOONER.**

PEOPLE RECEIVE THE
RIGHT DIAGNOSIS AND
TREATMENT **EARLIER.**

FUTURE GENERATIONS
LIVE BETTER WITH
HEART FAILURE.



FOR THE NEXT PERSON WHO HEARS THE WORDS:

“ You Have Heart Failure. ”

Every day, someone's life changes.

A CONSULTANT, GP OR HEART FAILURE SPECIALIST NURSE TELLS THEM:

“ You Have Heart Failure. ”

In just a few words, the future they imagined can suddenly feel uncertain. A Heart Failure diagnosis happens in a moment. Learning what it means, and how to live with, it takes much longer.



THE FIRST THOUGHTS CAN BE IMMEDIATE AND OVERWHELMING:

"Will I still be able to enjoy time with my family?"

"What does this mean?"

"How long have I got?"

"How serious is it?"

WHAT HAPPENS NEXT?

Many people leave their first appointment carrying questions that cannot possibly be answered in a single conversation.

"Where can I find information that I can understand and trust?"

"What changes will I need to make?"

"What should I ask at my next appointment?"

"How do I tell my family??"

NO ONE SHOULD HAVE TO CARRY THOSE QUESTIONS ALONE.

The Pumping Marvellous Foundation was founded by someone living with Heart Failure. We understand that a diagnosis is about far more than medicines, tests and appointments.

-  People need trusted information.
-  They need practical support.
-  They need the confidence to ask questions and take part in decisions about their care.
-  Above all, they need to know that they are not alone.



BY REMEMBERING THE PUMPING MARVELLOUS FOUNDATION IN YOUR WILL...

You could help make sure that support is there for the next person diagnosed — and for every person who follows them.

Your legacy could help someone recognise the symptoms of Heart Failure and seek help sooner.

It could help a newly diagnosed person understand what is happening to them and feel more prepared for the road ahead. It could help a family feel less frightened, less isolated and more able to support the person they love. It could ensure that people living with Heart Failure continue to have a powerful voice in the information, services and improvements in care that future patients will depend upon.

By helping people understand and manage their condition, your legacy could also help healthcare professionals and the NHS provide more informed, compassionate and person-centred care.

Every day, another person begins their journey with Heart Failure. Your kindness could help make sure they never have to begin it alone. The support that matters to you today could become the support someone else depends upon tomorrow.

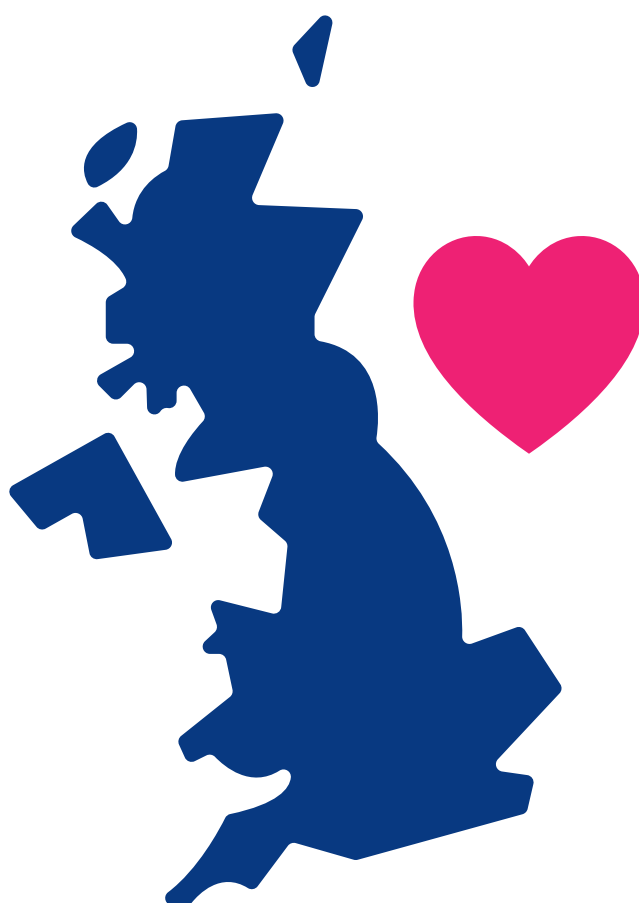
THE DIFFERENCE YOUR LEGACY COULD MAKE

A gift in your Will is more than a donation. It is an opportunity to pass forward the understanding, reassurance and hope that can make such a difference to someone living with Heart Failure.

Every day, people across the UK are trying to make sense of their symptoms, their diagnosis and what the future may hold.

They are looking for:

- Information they can trust.
- Support that feels personal.
- Reassurance that someone understands what they are going through.



By remembering the Pumping Marvellous Foundation in your Will, you could help make that possible.

HELPING PEOPLE RECOGNISE HEART FAILURE EARLIER

Too many people live with symptoms without realising that Heart Failure could be the cause.

Your legacy could help us raise awareness of the signs and symptoms of Heart Failure, encourage people to seek help and support earlier diagnosis and treatment.

Because the earlier Heart Failure is recognised, the sooner someone can begin receiving the care they need.

GIVING PEOPLE CLARITY WHEN THEY NEED IT MOST

The days and weeks after diagnosis can feel confusing and overwhelming.

Your gift could help people access clear, trusted and patient-friendly information that enables them to understand their condition, prepare for appointments and ask the questions that matter to them.

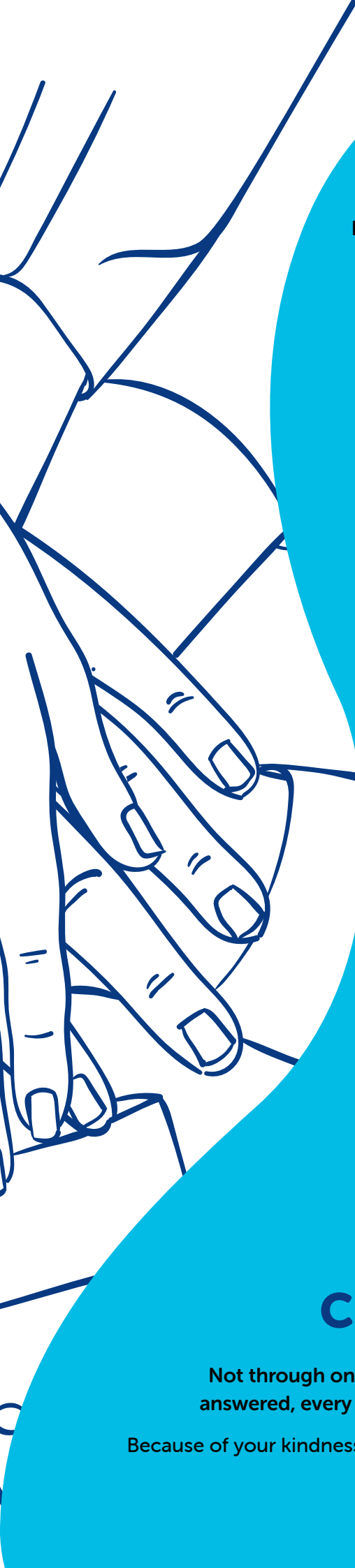
Knowledge cannot remove every uncertainty. It can replace some of the fear with confidence, understanding and hope.

HELPING PEOPLE LIVE WELL WITH HEART FAILURE

A diagnosis changes life, but it does not have to define it.

Your legacy could help people develop the knowledge and confidence to take an active role in their care, manage their condition and continue doing the things that give their life meaning.





STANDING BESIDE FAMILIES AND CARERS

Heart Failure affects far more than the person who receives the diagnosis.

Partners, children, relatives and friends may suddenly find themselves becoming carers, advocates and sources of emotional support — often while coping with fears and questions of their own.

Your gift could help families understand the condition, feel better prepared and know that support is there for them too.

KEEPING PATIENT VOICES AT THE HEART OF CARE

The experiences of people living with Heart Failure matter.

They reveal what works, what is missing and what needs to change.

Your legacy could help ensure that patients and carers continue to shape information, influence healthcare and improve the support available to future generations.

SUPPORTING BETTER, MORE PERSONAL CARE

When people understand their condition, they are better equipped to work in partnership with the healthcare professionals caring for them.

By helping patients become more informed, confident and involved, your legacy could also support the NHS and healthcare professionals to deliver care that is more personal, effective and responsive to what matters most to each individual.

EVERY LEGACY CAN HELP CHANGE WHAT HAPPENS NEXT

Not through one moment alone, but through every symptom recognised, every question answered, every family reassured and every person who discovers that they are not alone.

Because of your kindness, future generations living with Heart Failure could continue to receive the understanding, support and hope they deserve.

LEAVING A GIFT IN YOUR WILL

Leaving a gift in your Will is a deeply personal decision. You may simply be finding out more. You may be thinking about the future. Or you may feel ready to speak with a solicitor.

Whatever stage you are at, there is no pressure and no expectation. Your family and loved ones will naturally come first. Many people choose to remember the Pumping Marvellous Foundation only after making sure that the people closest to them have been provided for.

When the time feels right, there are three common ways to leave a gift to the Pumping Marvellous Foundation.

A SHARE OF YOUR ESTATE

A residuary gift is a percentage or share of what remains from your estate after your loved ones, expenses and other commitments have been provided for.

Because it is a proportion rather than a fixed amount, this type of gift usually keeps its relative value over time.

A FIXED SUM

A pecuniary gift is a specific amount of money left in your Will.

Because inflation can affect the value of a fixed sum over time, it may be helpful to review your Will periodically with your solicitor.





A SPECIFIC GIFT

You may choose to leave a particular item, such as property, shares or another valuable possession.

A solicitor can advise whether this is the most appropriate option for your circumstances.

ALREADY HAVE A WILL?

You may not need to write a completely new Will.

In some circumstances, a solicitor may be able to add a gift to your existing Will through a legal amendment known as a codicil. Your solicitor will be able to advise you on the safest and most appropriate way to make any change.

OUR CHARITY DETAILS

Your solicitor may need the following information:

Registered charity name: The Pumping Marvellous Foundation

Registered charity number: 1151848

Company number: 08370761

Registered address: Business First, Millennium City Park,
Millennium City Road, Ribbleton, Preston, England, PR2 5BL.

Using our full charity name and registered charity number will help ensure that your gift reaches the organisation you intended to support.

The Pumping Marvellous Foundation cannot provide legal advice. We recommend speaking with a solicitor or appropriately qualified Will-writing professional to ensure your wishes are recorded clearly and your Will is legally valid.

THANK YOU FOR CONSIDERING A LASTING LEGACY OF HOPE

Thank you for taking the time to learn more about remembering the Pumping Marvellous Foundation in your Will.

We understand that leaving a gift in your Will is one of the most personal decisions you can make. You may simply be thinking about the future. You may be talking with your family. Or you may feel ready to take the next step. Wherever you are in that process, we are deeply grateful that you have considered helping future generations of people living with Heart Failure.

EVERY DAY, SOMEONE, SOMEWHERE, WILL HEAR THE WORDS:

“ You Have Heart Failure. ”

We may not be able to change the diagnosis. But together, we can change what happens next.

Your legacy could help ensure that the next person diagnosed has trusted information, practical support and the reassurance that they do not have to face Heart Failure alone. It could help someone understand their symptoms sooner. It could help a family feel less frightened.

It could give a patient the confidence to ask questions, make informed decisions and live as well as possible with their condition. It could help ensure that the voices of people living with Heart Failure continue to shape better care for generations to come.

To ask a question, request further information or have a confidential conversation, please contact us. There is no pressure and no expectation — just a warm welcome whenever the time feels right.

Thank you for considering the Pumping Marvellous Foundation as part of your legacy. Due to your kindness, the next person diagnosed with Heart Failure may not have to face it alone.

WE ARE HERE WHEN YOU NEED US

Questions are always welcome.

Whether you would like more information or simply want a confidential conversation about leaving a gift in your Will, we would be delighted to hear from you.

There is no obligation, and we will never place you under any pressure. Because of your kindness, your support could continue helping people for generations to come.

FREQUENTLY ASKED QUESTIONS

“ Will my family come first? ”

Absolutely. Your family, friends and loved ones should always come first. Many people choose to remember the Pumping Marvellous Foundation only after making sure that those closest to them have been provided for.

“ Does a gift have to be large to make a difference? ”

No. Every gift matters, whatever its size. When combined with the kindness of others, even a small percentage of an estate can help provide information, support and hope to people living with Heart Failure in the future. You can even tell us what to do with it.

“ Do I need to tell you that I have included the Pumping Marvellous Foundation in my will? ”

No. Your Will is private, and there is no obligation to tell us that you have chosen to remember the Pumping Marvellous Foundation. However, should you decide to let us know, we would value the opportunity to thank you personally and keep you informed about the difference gifts in Wills can make.

Knowing about your intentions may also help us plan for the future. Any information you share will be treated sensitively and confidentially. Telling us does not create any legal obligation, and you remain free to change your Will at any time.

“ Can I change my mind? ”

Yes. Your circumstances, priorities and wishes may change over time. A Will can usually be updated, provided you have the legal capacity to do so. A solicitor can advise you on the best way to make any changes.

“ Do I need professional advice? ”

Although it is possible to write your own Will, we recommend using a solicitor or appropriately qualified Will-writing professional. This will help ensure that your wishes are expressed clearly and that your Will is legally valid.

“ Who can I talk to if I have questions? ”

Leaving a gift in your Will is a personal decision, and we are here to help in whatever way we can.

Whether you have a straightforward question or would value a confidential conversation, you can contact us by telephone or email. There is no obligation, no expectation and no pressure, just a warm welcome whenever the time feels right.



CONTACT US

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 **hearts@pumpingmarvellous.org**

 **Search 'Pumping Marvellous'**

 **www.beathf.org.uk**

 **Search 'Pumping Marvellous Foundation' for our page**

 **Search 'Help for Hearts' for our support community group**

Can you help us by donating or fundraising?

We rely on contributions to help us provide vital services. Thank you!

