

The 10 pillars of support for people living with Heart Failure

Multi-Disciplinary Team (MDT)



Beta Blocker



SGLT2i



ACE or ARB or ARNi



MRA



Specialist Heart Failure Nurse



Cardiac Rehabilitation



Palliative Support (If required)



Medical Devices



Peer to Peer Patient Support



**UNDERPINNED BY A PATIENT-FRIENDLY CARE PLAN AND
EDUCATION ENABLING SELF-MANAGEMENT**

**ENSURE ACCESS TO THE TEN PILLARS AND HELP PEOPLE
LIVE BETTER WITH HEART FAILURE**

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