

Plant the seeds of Heart Failure Awareness

Join the Blooming Marvellous Sunflower Challenge 2017

£5 for 5 seeds

Giving you five chances to
grow Heart Failure awareness

Gardening brings about positive changes to the lives of people who live with disabilities or ill health

- ♥ Sow your seeds on Friday
5th May 2017 – Heart
Failure Awareness Day
- ♥ Shower your plants with
love and tender care
- ♥ Measure the final height of
your blooms on or before
Monday 28th August 2017

To pay online via Paypal, please go to:
www.pumpingmarvellous.org/get-involved/sunflower-challenge/
Alternatively, send a cheque payable to 'The Pumping Marvellous Foundation' along with your name and address to Pumping Marvellous at the address below. Seeds will be dispatched on receipt of payment, either by Paypal or cheque. To guarantee delivery of your seeds in time for planting on HF Awareness Day, please ensure you enter by **Friday 28th April 2017**. Seeds will still be supplied if you enter after this date, however, delivery in time for sowing day cannot be guaranteed.

Charity No. 1151848



Registered with
**FUNDRAISING
REGULATOR**



www.pumpingmarvellous.org



01772 796542



@pumpinghearts



heartfailureaware