

Dilated Cardiomyopathy with recovered heart function

Has your heart function improved to normal after being diagnosed with dilated cardiomyopathy?

Would you like to stop your medications?

We are a group of researchers based at the Royal Brompton Hospital. We are recruiting patients into a research study with a previous diagnosis of dilated cardiomyopathy, whose heart function has recovered after a period on medical therapy. We want to explore whether the recovery of heart function represents a cure and whether it is safe for patients to stop their medications. Currently, it is unclear whether patients continue to derive benefit from medications after their heart function has recovered.

We plan to withdraw medications gradually in a structured supervised fashion. We will use heart (MRI) scans, exercise tests and blood tests to monitor heart function. If there are any early signs of a reduction in heart function we will re-establish patients on medication immediately.

The study will take place over 6 months. Patients will be closely monitored by a team of doctors and nurses. Initially, only half of the patients will have medication withdrawn so we have a control group. After 6 months, the remaining patients will be offered a trial of stopping their medications.

If you would like to know more, even if you're not sure you want to get involved, please contact us via one of the methods below and one of our researchers will be pleased to discuss the project in more detail. A contribution towards reasonable travel expenses will be offered.

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